

## ABOUT LISA

Lisa has never met a craft she doesn't like. Lisa especially loves mail art, which she started in the 80s and expanded in the 90s. After a break to raise her daughter, she's back, creating artistamps under the banner "Posta Rica." By day, she's a nurse practitioner; by night, a crafter and currently working on an embroidery journal for 2024, and enjoying crochet, sewing, and gelli plate printing.



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